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THE SUNDAY MIRROR MAGAZINE

# celebs

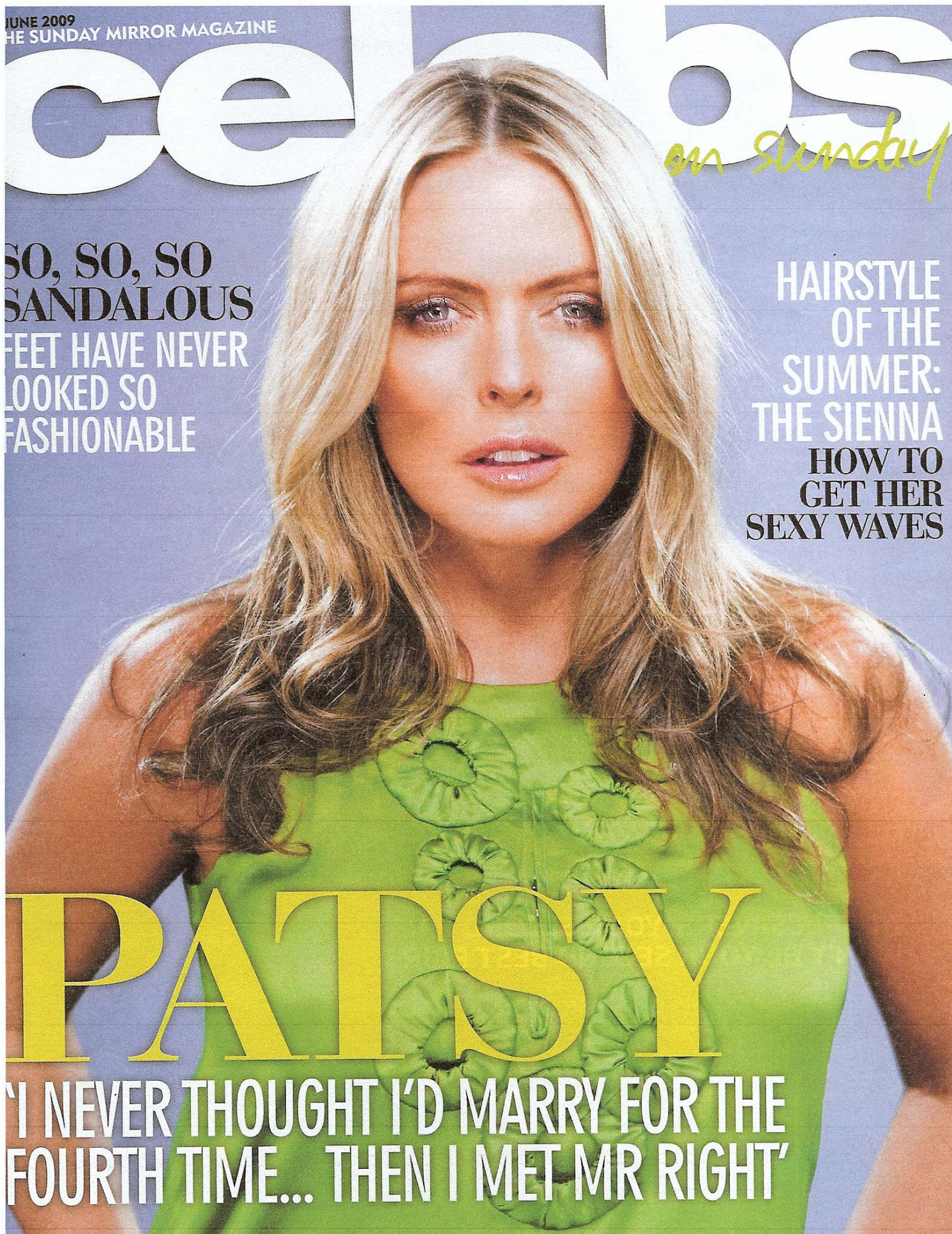
*on Sunday*

SO, SO, SO  
SANDALOUS  
FEET HAVE NEVER  
LOOKED SO  
FASHIONABLE

HAIRSTYLE  
OF THE  
SUMMER:  
THE SIENNA  
HOW TO  
GET HER  
SEXY WAVES

# PATSY

'I NEVER THOUGHT I'D MARRY FOR THE  
FOURTH TIME... THEN I MET MR RIGHT'



# CURLS ALLOW

**IF YOU  
HAVE  
STRAIGHT  
HAIR...**

like **MISCHA BARTON**



## **TRY LOOSE WAVES**

If, like Mischa, your locks tend towards poker, you have a bit of work ahead of you (but don't whine too much – think of all your curly-maned mates battling with the straightening irons every other season). The best look to aim for is wonderful waves – super-glossy, super-glam and really not too tricky to achieve.



**IF YOU  
HAVE  
WAVY OR  
SLIGHTLY  
CURLY  
HAIR...**

like **SIENNA MILLER**



## **TRY BEACH TOUSLES**

'I have so many clients coming in asking for the wavy, tousled Sienna Miller look,' says scissors to the stars Phil Smith. 'It's the biggest thing for years: like the Rachel cut of this decade.' And there's good news if your hair's already a bit wavy – this look couldn't be easier to get right.



**IF YOU  
HAVE  
NATURALLY  
VERY  
CURLY  
HAIR...**

like **BEYONCÉ**



## **GO FRIZZ-FREE**

If you have naturally curly hair, but are battling the frizz, there's good news for you too. 'This trend means there are many new products on the market for curly hair,' says Phil. 'Curl creams are only useful on natural curls – they're too heavy for straighter hair. To tame frizzy curls, the best ones are thicker and heavier.'



**IF YOU  
HAVE HAIR  
THAT JUST  
WON'T  
CURL...**

like **GWYNETH PALTROW**



## **TRY CUTE KINKS**

Those of you who slave away with the tongs only to find the curls drop out before you walk out the door, it's time to try kinks. 'The kink is a fashion statement which has re-invented itself through the decades,' says celeb stylist Richard Ward. 'They can be structured, or loose and flowing for great ageless glamour.'



# ED

This summer Celebville has gone curl crazy. But can we mere mortals, without access to a 24-hour stylist, achieve the same looks? Here are the easiest ways to stay curl-tastic...

## GET THE STYLE

- 1 Slather towel-dried hair with a tennis ball-sized amount of mousse. **Sebastian Whipped Crème Light Conditioning Style Whip, £16.50** is lightweight enough not to weigh your hair down while making sure the end result is defined and bouncy.
- 2 Comb it through, then blast it dry with a hairdryer.
- 3 Give it a brush then divide it into even sections and

- use a curling tong. Try **Yogi HairWand, £59.95**.
- 4 Make sure you keep each section wrapped round the tong for at least 30 seconds so it holds for longer. Allow curls to cool before running your fingers through them to break them up.
  - 5 This look needs to be groomed and super-glossy, so spritz on a shine-enhancing finishing spray to give it some hold. We like **Tresemmé 24 Hour Body Finishing Spray, £5.28**.



**TIP:** A large barrel curling tong will give more of a wave than a curl and look more natural,' says celeb stylist Phil Smith. 'For more control, work through sections from bottom to top.'

## GET THE STYLE

- 1 After washing and conditioning your hair, spritz in some salt spray while it's still quite wet. 'Use as much as you like,' says Phil. 'It's hard to over do it.' **Fudge Salt Spray, £10.95**, smells so much like sunscreen it makes you feel like you're on holiday.
- 2 Comb through and then leave it to dry naturally while scrunching it with your hand to encourage a wave.

- And you're done.
- 3 Not keen on the natural dry aspect? Try the **Remington Spin Curl Dryer, £39.99**. It twists your hair as it dries it for perfectly tousled waves.
  - 4 You don't want ragged ends spoiling your look so finish with some **Label M Split-end Sealer Compact, £21.95**. It looks more like posh face powder than a hair product and is really useful for calming flyaway ends and frizzy bits on the go.



**TIP:** This look is perfect for hols. 'Spritz on the salt spray when you get out of the pool and you're done for the evening,' says Phil.

## GET THE STYLE

- 1 Frizzy hair is dry, so start with a moisturising conditioner. We like **Herbal Essences Curls & Waves Shampoo and Conditioner, £3.22 each**.
- 2 Towel-dry it and use your fingers to work product into your hair. **Phil Smith Xtreme Style Xceptional Curl Cream, £3.99**, is thick enough to master the most unruly manes.
- 3 Comb through to ensure even distribution.

- 4 If you're after more volume then blow-dry it with a diffuser (**Boots 2000w Diffuser Dryer is a bargain at £11.44**) but otherwise, you'll get the best corkscrews from just letting it dry naturally.
- TIP:** 'If you don't have a curl cream, mix together your mousse and conditioner; it forms a paste which works just as well,' says Phil.



## GET THE STYLE

- 1 After washing your hair (go easy on the conditioner) towel-dry and apply a tennis ball-sized amount of firm-hold mousse. **Wella ShockWaves Syling Plus Glossing Body Mousse, £2.99**, is cheap and cheerful so you can whack on as much as you want without feeling guilty.
- 2 Blast your hair with a hairdryer until it's 90% dry.

- 3 Divide it into four even sections and plait them – the more plaits you do the kinkier your hair will be, but four will give gentle, wavy kinks.
- 4 Squeeze each plait all the way down with a straightening iron and then allow to cool. (If you're feeling really lazy you can just sleep in them.) When you undo your plaits – hey presto – you will finally have a wave that will stay put.



**TIP:** Can't be bothered with plaiting? Try the **BabyLiss Pro Porcelain Triple Barrel Waver, £29.75**. It's also great for hair that's too short to braid.